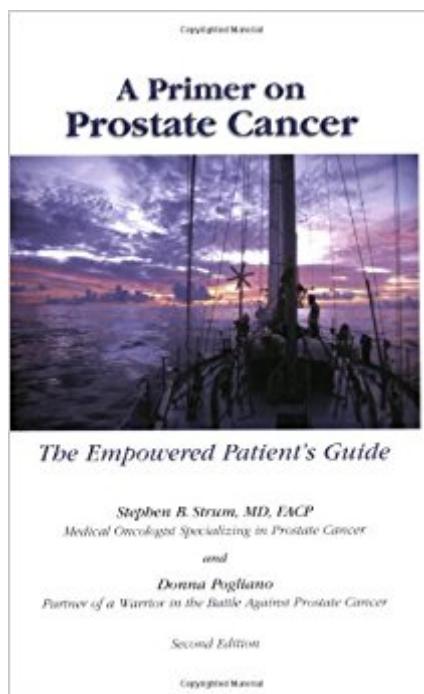


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# A Primer On Prostate Cancer (Second Edition): The Empowered Patient's Guide



## Synopsis

A Primer on Prostate Cancer, The Empowered Patient's Guide is a basic resource to be used by patients and physicians when there has been a diagnosis of prostate cancer. It outlines a strategy of disease management that is designed to maximize outcomes for the patient and his loved ones. All aspects of diagnosis and testing are discussed; all currently approved treatments for prostate cancer are described. Discussion of treatment options includes information on side effects and includes questions the patient may not think to ask his doctor. Discussions of various treatments include the salvage therapies that might be employed if primary treatment fails. There is an extensive section on the theory and practice of androgen deprivation therapy in its various forms, since many patients have need of this type of information. There is a discussion of "Treatments on the Horizon" for the patient who is interested in the ongoing research in the world of prostate cancer. This is a current, comprehensive guide to prostate cancer presented in understandable terms with a user-friendly color format that will help the reader educate himself about prostate cancer. The book strives to help patients and their loved ones to combat ignorance and fear, replacing that with the empowerment of education.

## Book Information

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## Customer Reviews

"...must have for any man dealing...or looking to come up to speed quickly on the complexities of prostate cancer..." -- John Page, President and CEO, Us Too! International, Inc. The combination of doctor and active partner of man with the disease is a new mix and it clearly works. -- Robert Young, prostate cancer patient, Webmaster Phoenix5 Throw away any other books you may have

on prostate cancer. This is all you need. -- Bill Buckman, prostate cancer patient must have for any man dealing...on the complexities of prostate cancer... -- Us Too! International, Inc. (Prostate Cancer Education and Support), October 2002

Prostate cancer patients are abundant with 200,000 new diagnoses per year and millions of men in the US alone living with prostate cancer. Due to the complexities of the disease and the many options that are available, prostate cancer patients tend to do more research into their disease than many other types of cancer patients. A Primer on Prostate Cancer is an unbiased, easily understood and reader-friendly tool that patients rave about in their reviews on web bookseller sites, often mentioning that the book should be the first book a newly diagnosed man and his family read and that they appreciate the information in it. Each of the 23 reviews on .com as well as the reviews on BarnesandNoble.com are five stars. There are no negative comments in any of the reviews. The Primer is presented in a user-friendly format with color-coded portions of text, physician's notes which are case studies presented to reinforce important concepts, fully indexed and referenced, with glossary, chapter summaries, appendices with further discussion of certain topics and graphic presentation of staging tools such as the Partin Tables, TNM staging system and useful forms for the prostate cancer patient and his doctor.

This book is very informative but not an easy read. It constantly sends you in to the appendix for more information. I found this disrupting. Read Prostate and cancer first.

Very complete, comprehensive, easy to read, research based, easy to find information. Helpful to have something so clear and factual in the terrible time when you are first diagnosed. It has been a while now, and treatments are done, but we still refer to this book for information. It is awesome how so much can be put into such a small book.

I was fortunate to have discovered Dr. Strum's book soon after my diagnosis. It provided the only balanced, complete and well organized method of dealing prostate cancer that I found. No one, absolutely no one, should proceed to treatment or blindly accept their doctor's advice. This is, indeed the best first step in rationally dealing with the news that you have this disease. I am now two weeks past surgery (LRP) and very comfortable with the decisions I made and the course of treatment that I followed. It would not have been possible with Dr. Strum's efforts both on-line and in this text. Don't hesitate, just buy it and read it very carefully. February 6, 2011 update - We'll, I'm still

alive with a non-detectable PSA. My thoughts about the book remain just as strong today as they were 7 years ago.

I purchased this for a friend who has prostate cancer. He said the book was very informative and helped him get a better grasp of what he has to deal with so he can make more informed decisions with regard to treatment options.

All the info in the book can now be found on the internet for free.

The book was in good shape when it arrived. This is a very informative book on prostate cancer. Doctor Strum covers everything from detection of the cancer, detailed information concerning the Biopsy pathology report, and the different treatments used for curing it. I would recommend it to anyone who is faced with this disease.

This book is very comprehensive regarding the subject. It is an excellent reference for anyone who has a personal interest in this disease. Though it has a more clinical presentation of information, it was not hard to understand. The statistics are very straightforward, making this a good tool for making decisions regarding treatment.

As someone diagnosed with prostate cancer this is a good overview of treatment options and education on the prostate. I hope it gets updated again due to newer treatments as medicine advances.

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